



# The Wolverine

April 2022

## Important Reminders for April

April 2-3 Alumni Basketball Tournament

**April 4th 1 pm dismissal**

April 7th 7 pm K-4 Spring Music Concert

April 8th Family Fun Night

April 9th Prom

**April 15th NO SCHOOL**

**April 18th NO SCHOOL**

April 19th 7 pm 9-12 Pre-Contest Concert

April 22nd Daddy Daughter Dance

April 22nd Preschool Preview

April 23rd 7 pm Sr Class Play

April 24th 2 pm Sr Class Play

**April 27th 1 pm Dismissal**

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## News from the Kitchen

April showers bring May flowers. Spring is hopefully deciding to stick around (fingers cross). We are close on the count down until the end of the school year. We continue to face shortages. My 3 sales reps have stated it will get worse before the end of school. But rest a sure your child/children will be served a balance meal.

Federal government is offering free balanced meals. If your child/children want extras there are fees for additional food. Please check your child/children's lunch account or contact Janet Slama for information. Emails will be sent to families with negative balances. We ask that you bring these accounts current.

For a free breakfast meal your child/children need to take **one entree** (hot breakfast, cereal, or pop tart) and **2 more items** and **one of these items must be a juice or fruit.** For example, pop tart, juice, milk; or pancakes, milk, pears.

For a free lunch meal your child/children need to take **one entree** and **2 or more items** with **one item must be a fruit or vegetable.** For example, 1 slice of pizza, lettuce, tomatoes, cucumber, peaches or sub sandwich, lettuce, milk.

If you have any questions or concerns please contact Janet Slama at [janet.slama@wilberclatonia.org](mailto:janet.slama@wilberclatonia.org) or call 402-821-2142 ext 316.



## CENSUS DATA

School District #82 will be conducting a school census during the month of June. In order to get the most accurate and complete number and names of persons living within our district, we are asking the patrons to complete the attached questionnaire. **It is important for one form to be filled out for each household.** This includes single parent families, single individuals, etc. Please enter **only** the names of individuals who live in your household. Please return the completed questionnaire to the school office or mail it to the Superintendent's Office, P. O. Box 487, Wilber, NE 68465.

FAMILY NAME: \_\_\_\_\_

MALE (Adult): \_\_\_\_\_ FEMALE (Adult): \_\_\_\_\_  
NAME NAME

ADDRESS: \_\_\_\_\_ LOCATION OF RESIDENCE BY  
Street Address P.O. Box COUNTY: \_\_\_\_\_  
 \_\_\_\_\_  
City, State, Zip Code

NAMES OF ALL CHILDREN UNDER 21 (Include children attending college who are living away from home or serving in the Armed Forces)

NAME	DATE OF BIRTH MONTH/DAY/YEAR	PLACE OF BIRTH TOWN/STATE	Gender	AGE	GRADE (2021-22)
_____	_____	_____	M F	_____	_____
_____	_____	_____	M F	_____	_____
_____	_____	_____	M F	_____	_____
_____	_____	_____	M F	_____	_____
_____	_____	_____	M F	_____	_____
_____	_____	_____	M F	_____	_____
_____	_____	_____	M F	_____	_____
_____	_____	_____	M F	_____	_____

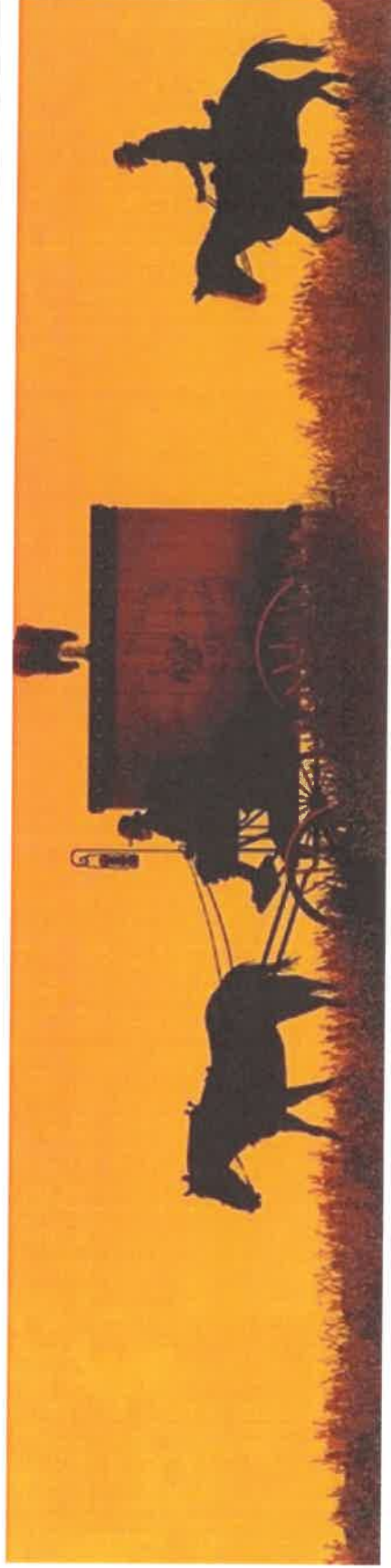
**PLEASE COMPLETE & RETURN THIS FORM  
BY MAY 31, 2022**

**THANK-YOU FOR YOUR COOPERATION**

WILBER-CLATONIA'S SENIOR CLASS PLAY  
PRESENTS:

# HOLDER POSEY,

THE FELONIOUS PHOTOGRAPHER



## TICKET INFORMATION

Contact Wilber-Clatonia High School or a Wilber-Clatonia Senior to purchase a ticket! Tickets can also be purchased at the door.

**Tickets are \$8.00 each**

Nothing much ever happens in Holeinroad, a little town Way Out West. Nothing much, that is, except the exciting tale of Holder Posey, the Felonious Photographer. A true western melodrama. The Wild, Wild West has never been wilder or funnier!

April 23 at 7:00 p.m.

April 24 at 2:00 p.m.

## Career Development Events & State Qualifiers

47 FFA members went to Southeast Community College, Beatrice on March 2nd to compete in District CDEs. Wilber-Clatonia FFA had an outstanding showing this year and all members are to be commended. Those members who competed and the results are listed below.

### Agriscience State Qualifier

Owen McCright  
Caden Parham  
Stephanie Zajicek  
Jordan Musil

### Livestock Management 2nd State Qualifier

Trenton Kracke	Reegan Kracke
Elsie Woerner	Haley Spilker
Carly Rains	Kelsey Kotas
Bridget Smith	Katie Marsh
Shaylee Keslar	Jordan Marsh

### Vet science 1st State Qualifier

Claire Thompson  
Elsie Woerner  
Shaylee Keslar  
Carly Rains  
Kelsey Kotas  
Maddison Vogel  
Bridget Smith  
Beau Buresh  
Kaite Marsh

### Envirothon- 4th place

Adam Kotas  
Houston Broz  
Isaac Smith  
Quinn Palmer  
  
Poultry evaluation  
Reegan Kracke  
Hayden Woerner

### Welding blue

Houston Broz  
Connor Herndon  
Quinn Palmer  
Oscar Ortiz

### Farm/Business Management-5th place State Qualifier

Braden Jurgens  
CeCe Meister  
Alexis Davison  
Aspen Oliver

### Nursery Landscape-8th place

Jaylin Miller  
Holly Zoubek  
Michael Rhodes

### Poultry Evaluation

Reegan Kracke  
Hayden Woerner

### Food Science-2nd place State Qualifier

CeCe Meister	Tyson Kreshel	Jorge Vasquez
Lena Eschiti	Kaycee Rezabek	Alexis Davison
Braden Jurgens	Aspen Oliver	Madison Vogel
Eli Williams	Carson Radcliff	

**Meats Evaluation- 1st place State Qualifier**

Oscar Ortiz	Jack Zimmerman	Hugo Pomajzl
Carter Skleba	Gavin Vlcan	Colby Homolka
Sawyer Kunc	Jon Zoubek	Houston Broz
Coy Rosentreader	Adam Kotas	Isaac Smith
Jon Pucket	Claire Thompson	Haley Spilker
Mason Combs	Connor Herndon	Trenton Kracke
Katie Marsh	Karsen Fisher	
Quinn Palmer	Ty Kuhlman	

**Welding**

Houston Broz	Jon Zoubek	Oscar Ortiz
Quinn Palmer	Connor Herndon	Deagen Hoover

**Leadership Skills Events**

The Following students will also be competing at state with their speeches:  
Ag Demo Team- Claire Thompson, Elsie Woerner, Carly Rains, Haley Spilker

**State FFA Convention**

The 94<sup>th</sup> Nebraska State FFA Convention will be held April 4<sup>th</sup> -6<sup>th</sup> in Lincoln. Aspen Oliver, Braden Jurgens, Haley Spilker, Claire Thomopson, Colby Homolka, Trenton Kracke, Connor Herndon, Houston Broz, Jon Zoubek, Quinn Palmer, and Adam Kotas will receive their State FFA Degree during this year's convention.

Each Day during state convention, leadership workshops, motivational speakers, business sessions and Leadership Skills Events take place at Pinnacle Bank Arena and UNL's East Campus and SCC- Lincoln are the locations of the Career Development Events and campus tours. The evenings are filled with awards presentations and special speakers at Pinnacle Bank Arena.

We look forward to sharing our results upon the culmination of State FFA Convention.

In addition to those students competing in the Career Development Events and Leadership Skills Events listed above, we wish to recognize the following students who had a great performance with their proficiency applications at Districts this year. The following students will also be competing at State within their respective areas.

**National, District, and State Proficiency Award Applicants:**

**Aspen Oliver - Small Animal Care and production, Placement**

**Trenton Kracke- Swine Production, Placement**

**Claire Thompson- Small Animal Production**

**Shaylee Keslar- Goat Production**

**Elsie Woerner- Beef Production, Placement**

**FFA Alumni Farm Show**

Our chapter was happy to assist the FFA Alumni with their 18<sup>th</sup> Annual Southeast Nebraska Farm Show in late February. We received many compliments on the students' positive behavior, professional look in their proper official dress and helpfulness toward the exhibitors. Keep up the great work Alumni and FFA members! Thank you to all of the area people and businesses who attended and/ or exhibited. And a very special Thank you to our Alumni association for their support to the success of our chapter and students!



**“It’s not what happens to you, but how you react to it that matters.” – Epictetus**

*Life is hard for everyone.*

*Everyone gets hurt.*

*Everyone gets betrayed.*

*Everyone feels a loss.*

*The focus should be on: how will you respond to it?*

*How will this make you a better person?*



# JOIN US!

Register  
online!



<http://bit.ly/WilberSwim>

WILBER MUNICIPAL SWIMMING POOL

# WILBER RYBY SWIM TEAM

Ages 5\*-18

*\*must be able to swim 25 meters*

*Please register by 4/15/2022*

*Last day to register is 5/1/2022*

*Parent Meeting 5/2/2022 7:00 PM at Fox Hole Tavern*

## Practice schedule:

*Crete Wildwood Pool*

*Testing: Wed - Thur, May 18 - 19, 2022*

*Camp: Mon - Fri, May 20-27, 2022*

*6:00 PM - 8:00 PM*

*Wilber Municipal Pool*

*Tues - Fri, May 31 - June 3, 2022*

*10:30 AM - 12:30 PM*

*Mon - Fri, June 6 - July 8, 2022*

*11:15 PM - 12:30 PM*

## Wilber Ryby Swim Meet schedule:

June 4 - *Beatrice (half meet)*

June 11 - *York (half meet)*

June 18 - *Fairbury (full meet)*

June 25 - *Seward (half meet)*

July 9 - *Champs - Concordia (full meet)*

All meets start at 9 AM, warm-ups at 8:00 AM

*Swimmers Need The Following To Compete:  
a one-piece suit & goggles, a swim cap is not required*

for more  
information

Contact Coach Scott at 402-433-5256 or [WilberRyby@gmail.com](mailto:WilberRyby@gmail.com)  
Visit our website <https://bit.ly/WilberRyby> or Facebook [WilberRyby](https://www.facebook.com/WilberRyby)  
Sign up for important updates via Remind app [rmd.at/WilberRyby](https://www.remind.com/app/rmd.at/WilberRyby)



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## Fun Easter Traditions from Around the World

### 1. Kite Flying

The people in Bermuda aim high for Easter: kite flying is everyone's favorite pastime during the holidays. Bermudians make their own kites with wooden sticks, colorful paper, and intricate designs. All of this is topped off with a special tissue called "hummers" that then makes a buzzing sound, aka the sound of Bermudian Easter. Everyone gathers and lets their beautiful constructions fly – or goes to Horseshoe Bay Beach to attend the annual Kite Festival on Good Friday.

### 2. Murder Mystery Reading

In some parts of the world, Easter is high time for crimes – and we're not talking about biting off the ears of innocent chocolate bunnies or cracking beautifully decorated eggs. No, we're talking *Påskekrimmen*, the Norwegian tradition of reading, watching, and listening to crime stories and detective thrillers during the Easter holidays. The whole country seems to be in on the suspense as publishers, radio and TV stations produce murder mysteries, and even the milk company contributes by printing stories on milk cartons.

### 3. Easter Nest Hiding

Who doesn't like to search the house and yard for baskets filled with chocolate? In Germany, Switzerland, and many other countries for that matter, Easter nests are hidden for kids (and some grown-ups because why not!). The nests are actually decorated baskets or boxes that are filled with chocolate bunnies, chocolate eggs, candy, and toys and are said to be hidden by the Easter bunny himself.

### 4. Water Fighting

Few things signify Easter more than a friendly water fight. That's what the Polish think as they celebrate *Śmigus Dyngus* (Poured Monday – the wet festivities take place on Easter Monday) by throwing lots of H<sub>2</sub>O at each other. In the olden days, it was mainly single guys chasing single girls, but now it's pretty much everyone water-fighting everyone. The weapons of choice are water guns, empty shampoo and dishwashing

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soap bottles, and, of course, the good old buckets. Actually, it's basically anything that squirts water.

### 5. Eggscapading

Eggs and Easter go together like presents and Christmas – they are probably the world's most eggstraordinary holiday food ever: People dye and decorate eggs, they hide and find them, they try to roll them across the lawn the fastest, they tap them together to see whose egg breaks last (aka who's the winner, aka receiver of good fortune) or they simply eat them. Like in Haux, France, where about 1000 people get to eat a giant Easter omelet made of more than 4000 eggs and over 100 pounds of bacon, garlic, and onions.

### 6. Clay Pot Throwing

Watch out for flying pottery on the Greek island of Corfu. (Spoiler alert: This has nothing to do with everyone's favorite wizard.) On Easter Saturday at 11 a.m. sharp, the residents of Corfu throw clay pots (of all sizes) from their balconies. The tradition dates back to the 16th century, when people threw all of their useless and old belongings out of the window to get ready for the New Year – the breaking pots scare away evil spirits and mark a new beginning.

### 7. Pretzel Distributing

Luxembourgers celebrate *Bretzelsonnden*, Pretzel Sunday, on the third Sunday in Lent. In Luxembourg, pretzels are actually sweet puff pastries with icing and almonds, so if it were up to me, every Sunday would be Pretzel Sunday. But back to the *Bretzelsonnden* tradition: Guys give the girl they fancy a pretzel on said Sunday. If she accepts the treat, the guy is allowed to visit the girl on Easter Sunday and will get an egg in return. If all of this happens in a leap year, the roles are reversed, and the girls can hand out pretzels.

**“Being kind is never wasted.”**

***How people treat you is THEIR path, how you treat people is YOURS.***

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# Peeps S'mores

Peeps smores are a fun indoor s'more made with Peeps instead of traditional marshmallows!

## Ingredients

1 graham cracker sheet

1 mini chocolate bar (or part of a large bar - you decide how much 😊 )

1 marshmallow Peep (bunnies or birds)

## Instructions

Break your graham cracker sheet in half.

Set one half aside, with the chocolate on top.

Top the other graham cracker with a peep.

Microwave for 8-10 seconds. (I liked the bunnies with 8 seconds, the birds with 10)

Remove from microwave and squish together with chocolate and other graham cracker half.

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Name: \_\_\_\_\_

## Easter Word Scramble

Instructions: Unscramble the letters to find the words from the list below.

n d u s y a

— — — — —

g e s g

— — — —

o l r e w f s

— — — — — — —

t a k e b s

— — — — —

n u y n b

— — — — —

s n i r g p

— — — — —

t r a r o c

— — — — —

n u t h

— — — —

i h k c c

— — — — —

c o r t d e e a

— — — — — — —

### Word List



basket

eggs

bunny

flowers

carrot

hunt

chick

Spring

decorate

Sunday



# BE PREPARED FOR A TORNADO

Tornadoes can  
destroy buildings,  
flip cars, and create  
deadly flying debris.



FEMA

FEMA V-1010/ March 2018

Tornadoes are  
violently rotating  
columns of air  
that extend from  
a thunderstorm  
to the ground.



Can happen anytime



Bring intense winds



Can happen anywhere



Look like funnels

## IF YOU ARE UNDER A TORNADO WARNING, FIND SAFE SHELTER RIGHT AWAY

Go to a safe room,  
basement, or storm cellar.



If you can safely get to a sturdy  
building, do so immediately.

If there is no basement,  
get to a small, interior room  
on the lowest level.



Do not get under an overpass  
or bridge. You're safer in a low,  
flat location.

Stay away from windows,  
doors, and outside walls.



Watch out for flying debris that  
can cause injury or death.



Use your arms to protect  
your head and neck.



# HOW TO STAY SAFE WHEN A TORNADO THREATENS



**Know your area's tornado risk.** In the U.S., the Midwest and the Southeast have a greater risk for tornadoes.

**Know the signs of a tornado,** including a rotating funnel-shaped cloud, an approaching cloud of debris, or a loud roar—similar to a freight train.

**Sign up for your community's warning system.** The Emergency Alert System (EAS) and National Oceanic and Atmospheric Administration (NOAA) Weather Radio also provide emergency alerts. If your community has sirens, become familiar with the warning tone.

**Pay attention to weather reports.** Meteorologists can predict when conditions might be right for a tornado.

**Identify and practice going to a safe shelter** for high winds, such as a safe room built using FEMA criteria or a storm shelter built to ICC 500 standards. The next best protection is a small, interior, windowless room in a sturdy building on the lowest level.

**Consider constructing a safe room** that meets FEMA or ICC 500 standards.



**Immediately go to a safe location** that you identified.

**Take additional cover** by shielding your head and neck with your arms and putting materials such as furniture and blankets around you.

**Listen to EAS, NOAA Weather Radio,** or local alerting systems for current emergency information and instructions.

**Do not try to outrun a tornado** in a vehicle.

**If you are in a car or outdoors** and cannot get to a building, cover your head and neck with your arms and cover your body with a coat or blanket, if possible.



**Keep listening to EAS, NOAA Weather Radio,** and local authorities for updated information.

**If you are trapped, cover your mouth** with a cloth or mask to avoid breathing dust. Try to send a text, bang on a pipe or wall, or use a whistle instead of shouting.

**Stay clear of fallen power lines or broken utility lines.**

**Do not enter damaged buildings** until you are told that they are safe.

**Save your phone calls for emergencies.** Phone systems are often down or busy after a disaster. Use text messaging or social media to communicate with family and friends.

**Be careful during clean-up.** Wear thick-soled shoes, long pants, and work gloves.

## Take an Active Role in Your Safety

Go to **ready.gov** and search for **tornado**. Download the **FEMA app** to get more information about preparing for a **tornado**. Find Emergency Safety Tips under Prepare.





# BE PREPARED FOR A THUNDERSTORM, LIGHTNING, OR HAIL

Lightning is a leading cause of injury and death from weather-related hazards.



FEMA

FEMA V-1009/May 2018

Thunderstorms are dangerous storms that include lightning.



Include powerful winds



Create lightning and hail



Cause flash flooding and tornadoes

## IF YOU ARE UNDER A THUNDERSTORM WARNING, FIND SAFE SHELTER RIGHT AWAY

When thunder roars, go indoors.



Pay attention to alerts and warnings.

Move from outdoors into a building or car.



Unplug appliances.



Do not use landline phones.

# HOW TO STAY SAFE WHEN A THUNDERSTORM THREATENS



**Know your area's risk of thunderstorms.** They can occur year-round and at any hour.

**Sign up for your community's warning system.** The Emergency Alert System (EAS) and National Oceanic and Atmospheric Administration (NOAA) Weather Radio also provide emergency alerts.

**Identify sturdy buildings close** to where you live, work, study, and play.

**Cut down or trim trees** that may be in danger of falling on your home.

**Consider buying surge protectors,** lightning rods, or a lightning protection system to protect your home, appliances, and electronic devices.

**Secure outside furniture.**



**When thunder roars, go indoors.** A sturdy building is the safest place to be during a thunderstorm.

**Pay attention to weather reports and warnings** of thunderstorms. Be ready to change plans, if necessary, to be near shelter.

**When you receive a thunderstorm warning** or hear thunder, go inside immediately.

**If indoors, avoid running water or** using landline phones. Electricity can travel through plumbing and phone lines.

**Protect your property.** Unplug appliances and other electric devices.

**If boating or swimming,** get to land and find a sturdy, grounded shelter or vehicle immediately.

**If necessary, take shelter in a car with** a metal top and sides. Do not touch anything metal.

**Avoid flooded roadways.** Turn Around Don't Drown®. Just six inches of fast-moving water can knock you down, and one foot of moving water can sweep your vehicle away.



**Listen to authorities and weather forecasts** for information on whether it is safe to go outside and instructions regarding potential flash flooding.

**Watch for fallen power lines and trees.** Report them immediately.

## Take an Active Role in Your Safety

Go to **Ready.gov** and search for **thunderstorm, lightning, or hail**. Download the **FEMA app** to get more information about preparing for **thunderstorm, lightning, or hail**.





# Family Communication Plan

Emergencies can happen at any time. Does your family know how to get in touch with each other if you are not all together?

**Before** an emergency happens, have a family discussion to determine who would be your out-of-state point of contact, and where you would meet away from your home — both in the neighborhood and within your town.

**Let them know you're OK!**

Pick the same person for each family member to contact. It might be easier to reach someone who's out of town.

## Important Information

Fill in this information and keep a copy in a safe place, such as your purse or briefcase, your car, your office, and your disaster kit. Be sure to look it over every year and keep it up to date.

### Out-of-Town Contact

Name: \_\_\_\_\_  
Home: \_\_\_\_\_  
Cell: \_\_\_\_\_  
Email: \_\_\_\_\_  
Facebook: \_\_\_\_\_  
Twitter: \_\_\_\_\_

### Neighborhood Meeting Place:

\_\_\_\_\_  
\_\_\_\_\_

### Regional Meeting Place:

\_\_\_\_\_  
\_\_\_\_\_

### Work Information

Workplace: \_\_\_\_\_  
Address: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Facebook: \_\_\_\_\_  
Twitter: \_\_\_\_\_  
Evacuation Location: \_\_\_\_\_

Workplace: \_\_\_\_\_  
Address: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Facebook: \_\_\_\_\_  
Twitter: \_\_\_\_\_  
Evacuation Location: \_\_\_\_\_

### School Information

School: \_\_\_\_\_  
Address: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Facebook: \_\_\_\_\_  
Twitter: \_\_\_\_\_  
Evacuation Location: \_\_\_\_\_

School: \_\_\_\_\_  
Address: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Facebook: \_\_\_\_\_  
Twitter: \_\_\_\_\_  
Evacuation Location: \_\_\_\_\_

School: \_\_\_\_\_  
Address: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Facebook: \_\_\_\_\_  
Twitter: \_\_\_\_\_  
Evacuation Location: \_\_\_\_\_





# Important Information (continued)

## Family Information

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Social Security Number: \_\_\_\_\_

Important Medical Information: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Social Security Number: \_\_\_\_\_

Important Medical Information: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Social Security Number: \_\_\_\_\_

Important Medical Information: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Social Security Number: \_\_\_\_\_

Important Medical Information: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Social Security Number: \_\_\_\_\_

Important Medical Information: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Social Security Number: \_\_\_\_\_

Important Medical Information: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Medical Contacts

Doctor: \_\_\_\_\_

Phone: \_\_\_\_\_

Doctor: \_\_\_\_\_

Phone: \_\_\_\_\_

Pediatrician: \_\_\_\_\_

Phone: \_\_\_\_\_

Dentist: \_\_\_\_\_

Phone: \_\_\_\_\_

Dentist: \_\_\_\_\_

Phone: \_\_\_\_\_

Specialist: \_\_\_\_\_

Phone: \_\_\_\_\_

Specialist: \_\_\_\_\_

Phone: \_\_\_\_\_

Pharmacist: \_\_\_\_\_

Phone: \_\_\_\_\_

Veterinarian/Kennel: \_\_\_\_\_

Phone: \_\_\_\_\_

## Insurance Information

Medical Insurance: \_\_\_\_\_

Phone: \_\_\_\_\_

Policy Number: \_\_\_\_\_

Homeowners/Rental Insurance: \_\_\_\_\_

Phone: \_\_\_\_\_

Policy Number: \_\_\_\_\_

**Text, don't talk!**

Unless you are in danger, send a text. Texts may have an easier time getting through than phone calls, and you don't want to tie up phone lines needed by emergency workers.







# Are You **READY!**

## **Electricity lights up our world!**

Think of all the ways we rely on electricity: keeping food fresh, cooking meals, and getting information through the internet or TV. It keeps us warm in the winter, cool in the summer, and connected with each other year round. Oftentimes, we use electricity to play and have fun! Are you and your family ready if disaster strikes and your home is without power?



*How would we see at night without power?*

Help your family build an emergency kit! Collect these items and keep them together in a safe place that you can find easily. Make sure you have enough supplies to last for at least **three days**.

## **Emergency Supplies List**

- 3-day supply of non-perishable food (dried fruit, canned tuna fish, peanut butter, etc.)
- Can opener
- First aid kit
- Sleeping bag or warm blanket for everyone in your family
- Change of clothes to last 3 days, including sturdy shoes; consider the weather where you live
- Matches in a waterproof container (let a grown up handle these)
- Toothbrush, toothpaste, soap
- Paper plates, plastic cups and utensils, paper towels
- Water – at least a gallon per person, per day
- Battery-powered or hand-cranked radio with extra batteries
- Flashlights with extra batteries
- Cell phone with charger, extra battery and solar charger
- Whistle to signal for help
- Local maps
- Pet supplies
- Baby supplies
- Books, games or puzzles
- A favorite stuffed animal or blanket

*Remember, traffic lights will not work!*

**Go on a quest with your family!**  
**Create a scavenger hunt!**  
**Make planning fun!**



<http://www.ready.gov/kids>

# What makes a grade 9-12 "Meal Deal"?

## 1 GREAT TRAY

A healthy lunch consists of five components:

**Milk**

**Fruit**

**Vegetable**

**Grain**

**Protein**



**Eat Smart! Make choices from all five food groups daily!**

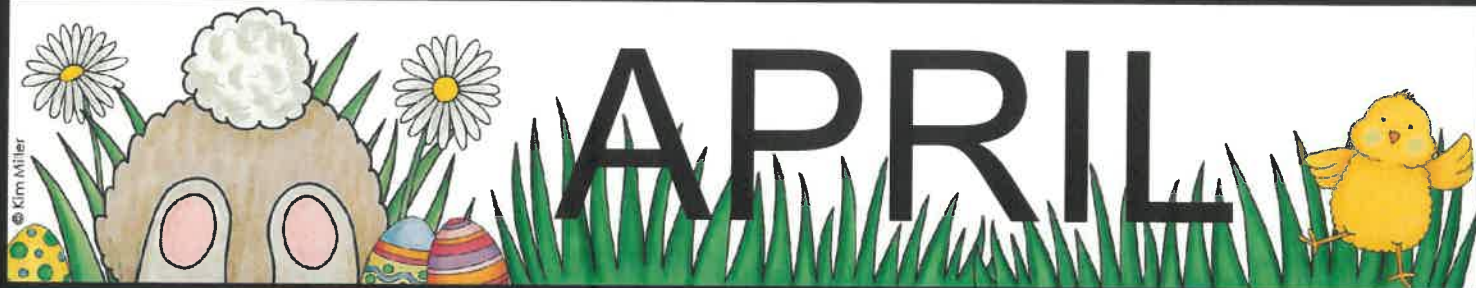
Students are **REQUIRED** to choose 3 of the 5 components with at least 1 fruit or vegetable to make a lunch.



# April

# 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
Alumni BB Tournament	3 1 pm Dismissal	4 4 pm Tennis @ Beatrice	5 State FFA Convention JH Quizbowl	6 State FFA Convention 2 pm JH Tr @ Milford 7 pm K-4 Spring Sing	7 State FFA Convention Family Fun Night	8 Prom 8:30 a.m. Tennis @ Ralston
	10 State FBLA Conference 3 pm JH TR Home Invite	11 State FBLA Conference 2 pm HS TR @ Milford 4 pm Tennis vs Crete	12 State FBLA Conference	13 State FBLA Conference	14 <b>NO SCHOOL</b>	15 16
	17 <b>NO SCHOOL</b> 7 pm School Board Mtg	18 10 am HS TR @ Tri County 4 pm Tennis @ LSE 7 pm 9-12 Pre Contest Concert	19 20	20 District Music Contest 10 a.m. JH TR @ David City	21 District Music Contest Daddy Daughter Dance Preschool Preview	22 23 7 pm Senior Class Play
24 2 pm Senior Class Play	25 9:30 a.m. HS TR @ Conestoga 11:30 a.m. JH TR @ Fairbury 6:30 p.m. FFA Mtg 7 p.m. Friends of Music Mtg	26	27 1 pm Dismissal 6 pm TeamMates Bd Mtg	28 10 a.m. Tennis @ Hastings 2 pm JH TR @ Fillmore Central	29 Online part of Driver's Ed class needs to be done and certificates turned in	30 Track HS SNC @ Fairbury 9 am Tennis @ Hastings St Cecilia



# APRIL

**MONDAY    TUESDAY    WEDNESDAY    THURSDAY    FRIDAY**

Menus are subject to change at anytime.

**Prices**  
**Breakfast \$0.00**  
**Adult \$2.20**  
**Extra \$1.50**  
**Lunch \$0.00**  
**Adult \$3.90**  
**Extra \$1.25**  
**Extra Milk \$0.40**  
**Milk Break \$0.40**

**1 Breakfast Sandwich**  
 \*\*\*\*\*  
**Quesadilla**  
**Mexican Rice Salad**  
**Choice of Fruit Milk**

**4 Sausage & Muffin**  
 \*\*\*\*\*  
**Lasagna Rollup**  
**Garlic Bread**  
**Toss Salad**  
**Choice of Fruit Milk**

**5 Biscuit & Gravy**  
 \*\*\*\*\*  
**BBQ Pork Sandwich**  
**Oven Potatoes**  
**Carrots**  
**Choice of Fruit Milk**

**6 Donut**  
 \*\*\*\*\*  
**Cream Chicken**  
**Mashed Potatoes**  
**Peas**  
**Roll**  
**Choice of Fruit Milk**

**7 Ham/Egg/Cheese Bar & Muffin**  
 \*\*\*\*\*  
**Taco**  
**Mexican Rice**  
**Corn/Black Beans**  
**Cookie**  
**Choice of Fruit Milk**

**8 Yogurt & Cereal Bar**  
 \*\*\*\*\*  
**Hamburger Cookout**  
**Chips**  
**Carrots**  
**Fruit Milk**

**11 Pancake on Stick**  
 \*\*\*\*\*  
**Italian Dunker**  
**Toss Salad**  
**Pudding**  
**Choice of Fruit Milk**

**12 Breakfast Taco**  
 \*\*\*\*\*  
**Chicken Sandwich**  
**Oven Potatoes**  
**Green Beans**  
**Choice of Fruit Milk**

**13 Bagel**  
 \*\*\*\*\*  
**Sloppy Joes**  
**Oven Potatoes**  
**Baked Beans**  
**Choice of Fruit Milk**

**14 Breakfast Pizza**  
 \*\*\*\*\*  
**Mandarin Chicken**  
**Fried Rice**  
**Broccoli**  
**Choice of Fruit Milk**

**15 No School**

**18 No School**

**19 French Toast**  
 \*\*\*\*\*  
**Country Fried Steak**  
**Mashed Potatoes**  
**Corn/Roll**  
**Choice of Fruit Milk**

**20 Donut**  
 \*\*\*\*\*  
**Mac-n-Cheese & Smokies**  
**Corn Muffin**  
**Choice of Fruit Milk**

**21 Scrambled Eggs & Toast**  
 \*\*\*\*\*  
**Wolverine**  
**Oven Potatoes**  
**Baked Beans**  
**Choice of Fruit Milk**

**22 Breakfast Sandwich**  
 \*\*\*\*\*  
**Pizza**  
**Toss Salad**  
**Cookie**  
**Choice of Fruit Milk**

**25 Waffle**  
 \*\*\*\*\*  
**Corn Dog**  
**Seasoned Noodles**  
**Broccoli Salad**  
**Baked Beans**  
**Choice of Fruit/Milk**

**26 Breakfast Taco**  
 \*\*\*\*\*  
**Chicken Drumstick**  
**Mashed Potatoes**  
**Peas**  
**Roll**  
**Choice of Fruit/Milk**

**27 1pm Dismissal Sausage & Muffin**  
 \*\*\*\*\*  
**Peanut Butter & Jelly Sandwich**  
**Chips**  
**Carrots**  
**Choice of Fruit Milk**

**28 Breakfast Pizza**  
 \*\*\*\*\*  
**Chicken Alfredo**  
**Toss Salad**  
**Garlic Bread**  
**Choice of Fruit Milk**

**29 Pancakes**  
 \*\*\*\*\*  
**Super Nachos**  
**Salsa**  
**Lettuce**  
**Brownie**  
**Choice of Fruit Milk**



# ABRIL

**LUNES      MARTES      MIÉRCOLES      JUEVES      VIERNES**

<b>Menú sujeto a cambio</b> <b>Precios</b> Desayuno \$0.00 Adulto \$2.20 \$1.50 extra Almuerzo \$0.00 Adulto \$3.90 Extra \$1.25 Leche Extra \$0.40 Descanso de Leche \$0.40				<b>1 desayuno sándwich</b> ***** <b>Quesadilla</b> <b>Arroz ala Mexicana</b> <b>Ensalada</b> <b>Elección de frutas</b> <b>Leche</b>
<b>4 salchicha y muffin</b> ***** <b>Lasana</b> <b>ajo pan</b> <b>ensalada</b> <b>Elección de frutas</b> <b>Leche</b>	<b>5 Galletas y el caldo</b> ***** <b>Barbacoa</b> <b>Sandwich de</b> <b>Papas al Horno</b> <b>la Zanahoria</b> <b>Elección de frutas</b> <b>Leche</b>	<b>6 Donuts</b> ***** <b>pollo con crema</b> <b>Puré de papas</b> <b>el Guisante</b> <b>pan de role</b> <b>Elección de frutas</b> <b>Leche</b>	<b>7 Jamón/Huevo/Bar Queso y Muffin</b> ***** <b>Tacos</b> <b>Arroz ala Mexicana</b> <b>Maíz/Frijoles</b> <b>Negros</b> <b>la Galleta</b> <b>Elección de frutas</b> <b>Leche</b>	<b>8 el yogurt y barras de cereal</b> ***** <b>Hamburguesas</b> <b>Chips</b> <b>la Zanahoria</b> <b>Fruta</b> <b>Leche</b>
<b>11 panqueque en el palillo</b> ***** <b>Pedazo de pan</b> <b>ensalada</b> <b>Pudín</b> <b>Elección de frutas</b> <b>Leche</b>	<b>12 desayuno tacos</b> ***** <b>Sándwich pollo</b> <b>papas al horno</b> <b>ejotes</b> <b>Elección de frutas</b> <b>Leche</b>	<b>13 el beigel</b> ***** <b>Pan de hamburguesa</b> <b>Papas al Horno</b> <b>Frijoles cocidos</b> <b>Elección de frutas</b> <b>Leche</b>	<b>14 desayuno Pizza</b> ***** <b>Pollo mandarina</b> <b>Arroz frito</b> <b>el Brócoli</b> <b>Elección de frutas</b> <b>Leche</b>	<b>15</b> <b>No Hay Clases</b>
<b>18</b> <b>No Hay Clases</b>	<b>19 pan frances</b> ***** <b>Carne Frita</b> <b>Campestre</b> <b>Puré de papas</b> <b>Maíz/pan de role</b> <b>Elección de frutas</b> <b>Leche</b>	<b>20 Donuts</b> ***** <b>mac arrones con queso y ahumados</b> <b>Maíz pan</b> <b>Elección de frutas</b> <b>Leche</b>	<b>21 Huevos Revueltos Y Tostadas</b> ***** <b>Sandwich de puereo</b> <b>Papas al Horno</b> <b>Frijoles cocidos</b> <b>Elección de frutas</b> <b>Leche</b>	<b>22 desayuno Sandwich</b> ***** <b>Pizza</b> <b>ensalada</b> <b>la Galleta</b> <b>Elección de frutas</b> <b>Leche</b>
<b>25 gofres</b> ***** <b>Corndog</b> <b>Fideos Sazonados</b> <b>Ensalada De Brócoli</b> <b>Frijoles Cocidos</b> <b>Elección de fruta/leche</b>	<b>26 desayuno tacos</b> ***** <b>Muslo de pollo</b> <b>puré de papas</b> <b>el Guisantes</b> <b>pan de role</b> <b>Elección de fruta/leche</b>	<b>27 1pm despido salchicha y muffin</b> ***** <b>La matequilla de maniy jalea</b> <b>sandwich chips</b> <b>el Zanahorias</b> <b>Elección de frutas</b> <b>Leche</b>	<b>28 desayuno Pizza</b> ***** <b>Pollo Alfredo</b> <b>ensalada</b> <b>ajo pan</b> <b>Elección de frutas</b> <b>Leche</b>	<b>29 Panqueques</b> ***** <b>Súper Nachos</b> <b>Salsa</b> <b>la Lechuga</b> <b>la galleta</b> <b>Elección de frutas</b> <b>Leche</b>

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Be the best person you can be!

PRIDE:

Positive Responsible Individuals Dedicated to Excellence



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Nonprofit Organization

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402-821-2508 Middle & High School

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