**Triennial Assessment Report to the Public**

**Wilber-Clatonia Public Schools, 76-0082**

Wilber-Clatonia team members conducted an assessment of the District’s Wellness Policy 5417 during the Spring of 2023. The Board of Education conducted an annual review of the Policy at their June 2023 regular meeting.

The assessment was conducted by utilizing the recommended evidence-based tool:

NDE version [Alliance for a Healthier Generation 10-step Checklist](https://nde.qualtrics.com/jfe/form/SV_cFPQKIPTSvm1sNv). The checklist contained a 3 point scale:

2 = Includes **all**required language

1 = Includes **some** of the required language

0 = Includes **none** of the required language

The assessment results concluded the Policy contains all 10 parts as identified in the checklist as no area scored a 0.

Four areas were scored a 1 and need improved language and

Six areas received a 2.

In general, the areas scoring a 1 needed more clarity or specific measurable goals as opposed to the generalized statements found in the Policy. It was determined to add an Administrative Regulation to the Policy which contains specific goals and action plans for implementation.

Identified actions include:

Nutrition Education/Promotion:

1. Physical Education instructors will review the list of topics, review curriculum in physical education and health to insure a minimum of 12 topics listed in the policy are covered and report to their building administrator.
2. All kitchen staff will attend continuing education conferences, webinars and events to ensure understanding and compliance with meal service including meal planning and preparation and confidentiality.

Physical Activity:

1. Staff will be provided with “brain break” physical exercises to utilize in classrooms to improve physical activity during the regular school day.

Other Student Wellness:

1. Staff will re-start the before school “walking club” that was in place prior to the pandemic.
2. Staff will investigate the feasibility of merging the Wellness Committee membership with the Mental Health team to reduce the number of staff meetings and focus on whole person health and wellness.

Foods Offered but Not Sold Standards:

1. When staff are informed of potential food allergies they will also receive reminders of SMART Snack nutrition standards for class parties or celebrations. Parents will receive notices of possible food allergies in a classroom and SMART Snack alternatives.
2. Nutrition staff will review ala carte items and removing any that are not compliant.

Food and Beverage Marketing

1. District staff will work with the current beverage to remove signage from two beverage dispensers in the teacher work areas and will look for any signage in the concession stands (beverage cooler and menu boards).

PUBLIC NOTIFICATION

This summary will be made available to all members of the Public on the District Website (June 30, 2023).

Summary information will be shared at the regular Board of Education meeting. (July 17, 2023)

Summary information and education will be shared at an all staff meeting in Mid August.

This summary will be published in the Back To School newsletter July, 2023.